

EVALUATION OF COURSES — PERSONAL EFFICIENCY

QUESTION	TOTALLY AGREE	PARTIALLY AGREE	PARTIALLY DISAGREE	TOTALLY DISAGREE	NUMBER OF ANSWERS	TOTALLY AGREE	TOTALLY/PARTIALLY AGREE
1 I experience a better overview than before the course	597	25	1	0	623	95,8%	99,8%
2 I have become better at planning and prioritizing	587	36	0	0	623	94,2%	100%
3 The individual training sessions have helped to ensure that the new habits are anchored in my everyday life	601	21	1	0	623	96,5%	99,8%
4 I will work with the new habits and methods in the future	601	21	1	0	623	96,5%	99,8%
5 I've got better control of my things	596	27	0	0	623	95,7%	100%
6 The teacher was good at communicating and explaining	621	2	0	0	623	99,7%	100%
7 The course has created good value for me	603	20	0	0	623	96,8%	100%
	601	22	3	0	623	96,4%	99,9%